

Find the Magic Words

A U D I E N C E E E Y P K
P A L M Q V G K S C A R F
R V R H S F O R C E J S U
O P M L Y M E D A C H F N
P G L R S T T R P K E F O
E A U K T X A F E I T U I
B A G A C B O X H C A C T
C U P S B I E C N O R D C
V A N I S H R I F N E N E
E N T L H E Z T D J D A R
A U Y K K W A N D U E H I
C A R D S C S S N R F A D
R I N G S O M D Z E N H S
K A L E V I T A T I O N I
H A T I L N S A W G C B M
K R A M A S S I S T A N T

ASSISTANT
AUDIENCE
BAG
BALLS
BOX
CARDS
COINS
CONFEDERATE
CONJURE
CUPS
DIE
DOVE
ESCAPE
FORCE
HANDCUFFS
HANDKERCHIEF

HAT
LEVITATION
MARK
MISDIRECTION
PALM
PATTER
RABBIT
RINGS
ROPE
SAW
SCARF
SILK
SMOKE
TRICK
VANISH
WAND

Denim Day October 5 & United Way Campaign Deadline is October 14.

Contact Susan Reese at
ext. 276 for information
about these projects.

Top costumes for Halloween

According to extremehal-
loween.com, here are the top
costumes for 2007:

For boys, Captain Jack Sparrow, Spiderman (black suit), Shrek, Harry Potter.

For girls, girl pirate, Disney Cinderella, Fairy witch.

For babies, Dronkey (baby of Donkey and Dragon from Shrek), Pea in Pod, baby Spidey, toddler lady bug.

Matured savings bonds

The U.S. Treasury Department reports that more than \$15 billion worth of savings bonds have stopped earning interest but are still held by investors.

To check the status of a bond, go to savingsbonds.gov. Click on "Individual Personal," then click on "Find out if your Treasury securities have matured."

There you can figure out if your bonds are still paying or how long you can expect them to earn interest.

TYLER *Times*

A publication for the employees of Tyler Memorial Hospital

October 2007



Congratulations to the following employees who were **CAUGHT IN THE ACT:**

September

Tyler Nursing Staff

Mary Balsavage

Jim Laurie

Dave Dymond ✓

Abby Butts

Diane Bunnell

Robert Holley

✓ Denotes winner

Conserve. Don't Waste!

Ron Coolbaugh, plant engineer, asked department heads at a recent meeting, to encourage employees to conserve water.

According to Ron, Well # 3, which normally produces between 50 to 70 gallons of water per minute for the hospital, is not performing up to par.

"The water level is too low for the pump to do an efficient job," he said. Local officials tell the hospital that the water table is low, reducing the amount of water flowing into the well. Well # 2, which has an output of only 10 gallons

per minute is used at night when demand is less.

Ron explained that as the temperature outside drops, so does water consumption. "We use 21,000 to 25,000 gallons a day in summer, but recently our demand has dropped to between 17,000 and 18,000," he said. On weekends it is even lower.

Ron plans to meet with DEP officials soon to get some ideas for long term solutions, and is reviewing the hospital's Emergency Water Plan and revising it as needed.

Teena Thatcher, LPN October Employee of the Month

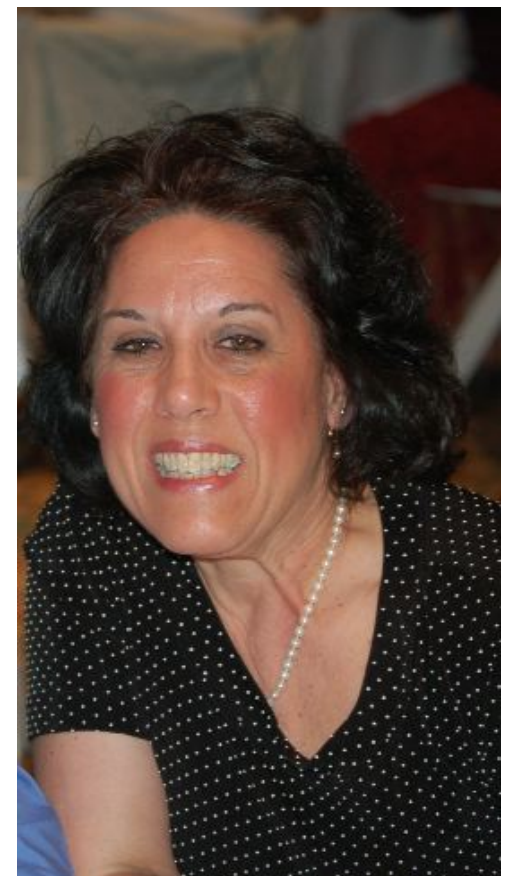
When describing the October, 2007 Tyler Employee of the Month, the phrases very dependable, chatty, hard-working, high energy and positive attitude are often heard.

A Tyler employee since February, 1973, Teena Thatcher, LPN works on Med/Surg, but is cross-trained to work in both the OB and the Emergency Departments if needed.

"Teena is flexible, adaptable and always willing to work where and when she is needed," said Carol Berry, acting DON. "She has a wonderful attitude about her work and about life and is completely devoted to each patient she cares for. We are fortunate to have her here at Tyler."

The mother of two sons Christopher and Matthew a daughter, Erica Louise, and the proud grandmother of six, Teena, and her husband Gary, live in East Lemon and enjoy spending time with family.

The Employee of the Month receives \$100 and is eligible to be named Employee of the Year in the spring.



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A recipe for sharing

Employees of Tyler Memorial Hospital are conducting a food drive to benefit the newly-opened **Seven Loaves**



Barb Lees, HIM makes regular deliveries to the soup kitchen as boxes are filled.

Soup Kitchen in Tunkhannock, according to Gladys Bernet, director of Tyler's Lay Chaplaincy Program.

Following a visit to Tyler by Janice Shafer, soup kitchen founder, to discuss the program, it was decided that the hospital would support the effort by launching an on-going food collection project.

"The response, after only a brief e-mail to hospital departments, has been wonderful," Gladys explained. So far Barb Lees, HIM has delivered many boxes of non-perishable food items to the program; the hospital plans to keep the effort going as long as needed.

"Tyler employees and volunteers are among the most generous individuals I have ever had the privilege of knowing," Gladys added. "They always are among the first to help anyone in need. We are proud to play a small part in this much-needed community project," she added.

Also assisting with this effort is Barbara Pompey, business office. Boxes for the food collection are located in the main hospital lobby.

Education News

Healthcare Provider CPR

Oct 11, 2007 8 -11AM or 12:30 PM

Nov 6, 2007 8 -11AM or 12:30 PM

Call Gayle ext 281 to register; space is limited.

RELAX: You only live once.

Oct 5, 2007

Loretta LaRoche is back. Stop by for some tea & a laugh.

8:30, 9:30, 10:30 AM & 12:30 PM

No reservations necessary. Blue Room

Adverse Drug Reactions (for nurses only)

Nov 5, 2007

11:30 AM or 12:30 PM

Call Gayle at ext. 281 to register.

Infection Control: JEOPARDY

Nov 8, 2007

11:30 AM or 12:30 PM

Join us, participate, & learn

Reminder:

You must complete *The SAFETY MEET & Drug and Alcohol programs, if not already completed. You have been warned!*

Practice makes perfect

On Tuesday, October 9, Tyler will conduct a drill in which P&G experiences a chemical spill at their plant.

According to Ron Coolbaugh, plant engineer, Tyler is expected to receive 15 patients from this mock event.

Decontamination tents will be set up and the emergency phone notification system will also be tested.

According to Brenna Evans, quality director, employees may be called to see how many employees can be reached and are available to respond, if this were a real emergency, but, according to Brenna, employees will not be asked to actually report to the hospital. The drill begins at 9 AM.

Training for this mock disaster will take place on October 2 and October 4.

Where you sit matters?

It seems that where you sit at a meeting *may* say a lot about your role. The leader sits at the head of the table in order to keep an eye on the entrance and note late-comers.

Psychologists say the person to the boss's right is usually a happy sort who agrees with the leader. About 59 % of people fall into this category. The one at the boss's left agrees in principle, but then slips in an opposing view, according to the study.

The group's interviews of more than 20,000 people indicate that those sitting in the middle of long tables are often sociable types who may mediate between those at either side.

Those who sit at the corners of a table wait to hear others' views before expressing their own.

People who sit directly opposite the leader are typically argumentative and may ask rhetorical questions or find other ways to show their expertise.

New Employee Influenza Immunization Initiative: Protect Your Patients. Protect Yourself.

Influenza Immunization Among Health Care Workers

An APfC Member Initiative

Influenza Is Serious and Preventable

Every year, approximately 114,000 Americans are hospitalized and more than 36,000 die from influenza and influenza-related complications. In fact, influenza-a vaccine-preventable disease-is the sixth leading cause of death in the United States.

Health Care Workers Have a Special Obligation

As health care workers, we have a responsibility to protect our patients by making sure we are immunized against influenza each year. Many of us come in contact with patients who are at high risk for influenza-related complications, including certain children, adults over the age of 65, and patients with chronic illness. For this reason, the Centers for Disease Control and Prevention (CDC) recommends annual influenza immunization for health care workers. Health

care workers can be a key cause of influenza outbreaks in institutional settings.

Unfortunately, only 36 percent of health care workers with direct patient contact choose to be immunized against influenza each year, putting our patients at risk.

Free Influenza Vaccinations Will Be Available Here Soon

This year TYLER MEMORIAL HOSPITAL aims to immunize 75%-80% of employees against influenza. Vaccination will be offered free of charge to all employees beginning in October. To encourage vaccination, all participants will be entered into a RAFFLE - PRIZES TO BE ANNOUNCED.

Influenza Immunization Has a Decades-Long Record of Safety

Influenza immunization is safe and effective and has been available for many decades. You cannot get influenza from the inactivated influenza vaccine. To learn more about influenza and the safety of vaccination, visit Kathy Ritter in the Infection Control Department, or call ext. 242.

Protect your patients and protect yourself against influenza this year. Get immunized!

Influenza Facts:

Influenza is the sixth leading cause of death among U.S. adults.

Each year, approximately 36,000 people die from influenza and another 114,000 are hospitalized

Influenza is a highly contagious disease that is spread by coughing, sneezing, direct physical contact and contact with objects that carry the virus (e.g., door-knobs, phones, etc.)

Symptoms of influenza include fever, extreme fatigue, headache and body aches

Approximately 50 percent of infected people have no symptoms but are still contagious

Influenza Vaccine: Immunization is 70-90 percent effective in preventing influenza in healthy people under the age of 65

The influenza shot cannot cause influenza.

United Concordia Dental Benefits Important Benefit Information

Recently we found that Tyler Memorial Hospital's maximum benefit was accidentally changed to \$1,000 in United Concordia's computer system. The correct maximum amount per year - per person is \$1500.

If you recently have had dental work, please make sure you have received the maximum benefit.

Review any Explanation of Benefits Statement forms you would have received by mail from United Concordia. If the statement indicates that you have reached your maximum benefit of \$1,000, please advise your dentist's office of the error and ask them to please

resubmit any unpaid claims.

In an effort to help you review and administer your own dental information, United Concordia has implemented a website called **My Dental Benefits**. You may review Certificates of Coverage/ Insurance on-line at www.ucci.com under the feature, "My Dental Benefits".

Postcards will be mailed directly to each participant explaining how to review your plan. If you have questions about your dental program, you may call the Human Resource Office at 996-1105 or 996-1115 or United Concordia's Customer Service Department at 1-800-332-0366.



"Can't we just tell him he was pulled out of a hat?"