

TYLER *Times*

A publication for the employees of Tyler Memorial Hospital

February 2005

Technology and You

How to make tech choices

Buying a camera used to be pretty simple. Look at three or four, decide, and take it home. With all the digital choices available now, buyers almost need a background in computer science and a lot of research.

Here's the advice of Brian Clark on high-tech purchases. Clark is the founder of The Tech Enthusiast's Network .

*Have a specific price in mind. It limits you to the best product you can afford.

*Know the lingo. Understanding key terms can keep you from buying more than you need.

*Compare prices. Many online merchants let you run side-by-side feature comparisons on their web sites. Check cnet.com or bizrate.com for prices.

*Don't be "sold." Leave the store if you can't decide right now.

*Avoid buyer's remorse. After you buy, you'll see more advanced products. Focus on what's good about what you have.

Google's Desktop Search

The new Google Desktop Search is available for free download from desktop.google.com. It's a test program with a glitch or two, such as being unable to search Adobe Acrobat files, but they will soon be fixed.

To search your hard drive, you enter a search term. You get back listings that look like Web search results, 10 or so items consisting of a title and a couple of lines extracted text that include the search term. Despite critics' warnings, Google users need not worry that their desktop queries will be shared with the world, saved by Google, or used to unleash a flood of ads on their PCs.

Bug of the Month



Microbe of the Month
By Roger P. Freeman, DDS

HICPAC/SHEA Guidelines Debate

OK, OK ... time to get real! Give a break to your boss, the job, the latest outbreak, the Martian, the kids, the money and all those other annoying "lifestyle factors." Blame the baggage for those bellyaches if it makes you feel better, but remember the real show doesn't start without me. I'm a spiral-shaped, skinny-legged bacterium, tethering my tendrils in 30 percent of you homies and just about everyone else on the planet. I call your gastric gazebo "home," scoring a perfect 10 with my corkscrew dive into the high-security mucohood covering the lining of your food bin. I stay protected from the seriously unpleasant enzymes and HCLs used to digest Mom's meatloaf. Once in residence, I attract trendy white cells, neutrofiles, killer Ts and all sorts of inflammatory riff-raff. Together, we work our mischief in still-mysterious ways, but you'll surely know my work by the g-nawing pain, g-bloating, g-burping and g-heartburn, not to mention a mortifying case of "early satiety." Oh, you're gonna love me!

I'm a newbie in the micro monde. No peer recognition until 1982, though it's a good bet my relatives peptized the pharaohs and friends. In any case, I was sure a hard-sell to your gastrogeeks; poor Dr. Marshall had to self-infect in order to get me elected. It's a tough way to make a living.

Kathy Ritter, RN, infection control manager

I travel in the ever-popular and revolting f-o mode, but the infect-o-meter is pointing lately toward lipleaps as another possibility. Seems you can't count me out of dental plaque, either. Yummo! It's not easy to test for me, unless of course, friends and neighbors start calling you urea-breath. This would be a sign. Endoscopy with biopsy (don't try this at home) is most reliable; blood tests are often inconclusive, tending to give false pizzlies.

To decrease the dolor, the palliative posse recommends bland foods, chalk slurpees and bizmuth bonbons. The homeopaths have a thing for yogurt. Bleecchhhh! NSAIDS are music to my flagella, and if you double-team me with aspirin, and I will really show you the love! Tip from the top: use a well-chosen anti-micro mercenary that'll hopefully work before the serious sequellae appear.

For a pepperoni giftpak, or a really nice gift, whichever reminds you least of me, name me and my peppy boo-boos.

The answer to the last "Bug of the Month" was E. coli. Barb Pompey from the Business Office was the only winner. Please call Kathy Ritter at ext.242 if you think you know the answer to this "Bug of the Month". Don't forget the great prizes awarded to the first three correct callers. Thank you all for reading "Bug" and participating in the contest.

Roger P. Freeman, DDS, is a dental infection control consultant and president of Infectious Awareabless.

THE PENNSYLVANIA
DEPARTMENT OF
HEALTH IS SCHEDULED
FOR AN ON-SITE VISIT
TO TYLER ON
FEBRUARY 8, 9, 10 & 11.
VISITS WILL START AT
APPROXIMATELY 9 AM

Frigid temps don't dampen Tyler spirits



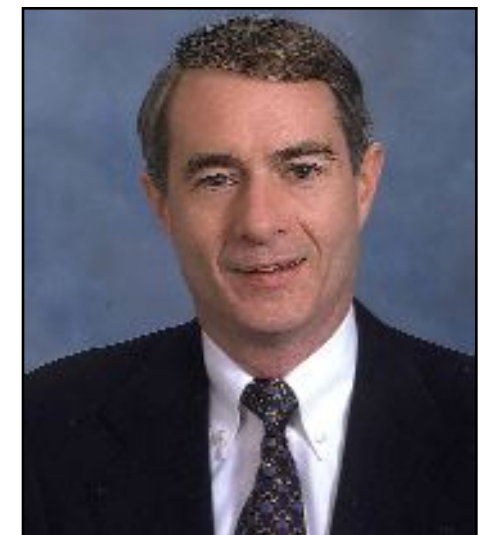
Trying to stay warm in frigid temps are Ed McGowan, Security and Jenny Purdy, H.I.M.

Winter's snow, sleet and sub-zero temperatures are apparently no match for Tyler employees. As temperatures dipped to single digits and below, Tyler managers had high praise for their employees.

"Our people stay overnight and come in early," said Verna Goode about her Central Supply staff. Arline Sands, lives within walking distance, and can be counted on to make it in to cover for those farther away. "Arline gives 150%," Verna emphasized. "They are all wonderful; I'm really blessed with a great group."

These sentiments are echoed throughout the hospital as managers from Mary Mock in the Kozy Korner to Bob Cooney in Home Health recognize the extra effort made by employees to get the job done. (cont'd on page 4)

Mark Mitchell new board chairperson



Mark Mitchell is the new chairperson of the the Tyler Board of Directors. Mr. Mitchell, a long-time Tyler board member, served as vice chairperson for the last four years. He replaces outgoing Chairman, William McDonnell.

A familiar face to Wyoming County, Mr. Mitchell is an alumni of Elk Lake High School. The magna cum laude graduate of the University of Pennsylvania received a bachelor of arts degree and was elected to Phi Beta Kappa.

A retired Senior Vice-President of Franklin First Savings Bank, Mr. Mitchell is an active, community volunteer. He serves as President of the Wyoming County Historical Society, is First Vice-President of United Rehabilitation Services, Secretary of the Wyoming County Chorale, is immediate Past-President of the (cont'd on page 7)

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Pamela Shields earns certification

As an Administrative Assistant, within my job responsibilities falls the role of "credentialing", the process of obtaining, verifying and assessing the qualifications of a health care practitioner to provide patient care services.

To further increase my knowledge of credentialing, I joined NAMSS, the National Association of Medical Staff Services, in hopes of becoming a Certified Provider Credentialing Specialist (CPCS).

On Monday, November 15, 2004, I sat for the CPCS exam, passed, and am officially certified.

About NAMSS

The National Association Medical Staff Services was organized to be: The recognized preeminent international organization for the development of individuals responsible for managing credentialing, privileging, practitioner/provider organizations, and regulatory compliance in the diverse healthcare industry. A professional educational association whose mission is to influence and promote quality standards for the administrative management of the healthcare professionals.

Association Goals

* To provide quality educational resources to promote professional growth.

* To communicate effectively and efficiently with members and external audiences.

* To develop and maintain relationships with healthcare organizations which support NAMSS' vision and mission.

* To attract a more diverse membership.

* To ensure growth and financial viability through effective governance and management.

* To develop, administer, and promote accredited certification programs which measure knowledge of current industry standards and practices.

WHAT DOES THE CPCS CREDENTIAL SIGNIFY?

CPCS, Certified Provider Credentialing Specialist, is a nationally recognized professional certification program first offered in 1996. The CPCS is a specialized credential, targeted to professionals in all healthcare settings whose primary function is credentialing. Areas covered include: Principles of Credentialing/ Recredentialing; Accreditation Standards and Surveys; Legal Principles of Credentialing; Healthcare Definitions; and management of Information.

Certification establishes industry standards and serves as a comprehensive



Pamela Shields, administration

sive measure of knowledge for the medical services professional in the hospital/managed care setting.

Certification exams are administered by Professional Testing Corporation of New York. The NAMSS credentials help to identify medical staff services professionals who are knowledgeable in the field of healthcare credentialing, law, and regulatory compliance. The credentials also provide prospective employers with a means to identify qualified candidates to fill the many vital roles associated with medical staff and credentialing management.

These positions are increasing in importance and visibility within healthcare organizations as public awareness of regulations, legal precedents, and patient safety grows.

Editor's Note:

Pam worked very hard for this certification. Congratulations Pam!

February is American Heart Month: Here's how to protect your heart.

Check this information and see how you are doing at protecting your heart.

* Your heart is a muscle. The stronger it is, the better it will work for you. It needs to be exercised, which means regular activity like walking, running, or lifting weights.

* Like any organ of your body, the heart won't serve you well if it's surrounded by fat. Working toward a satisfactory body weight will help your heart do its job.

* Fill your refrigerator with fruits, vegetables, lean meats, and poultry. Keep whole grain products on hand

and heart-friendly oils.

* Your heart won't work at all if it gets plugged up. A lump of cholesterol will do it, which means you'll be wise to skip the fatty foods. And a blood clot will do it. Check with your doctors to see if an aspirin a day can keep your blood flowing freely.

* Hearts object to being excited all the time. Anger, stress, and the burden of carrying a grudge make it work harder. Do yourself a favor: Mend your fences, and channel your anger into

productive action. Plan your work, then work on your plan so you're not stressed.

* Don't use tobacco. Talk to your doctor about the best ways to quit smoking.

* High blood pressure can be a heart breaker. Limiting salt and drinking a glass of orange juice each day can keep blood pressure at normal levels.

* If your doctor has prescribed medication for your hypertension, be sure to take it every day.

(Mitchell: cont'd from page one)

Endless Mountains Heritage Region, and is a board member of the Endless Mountains Council of the Arts.

Serving as treasurer is Tom Davis, Factoryville, and Bruce Herron, Nicholson will continue to serve as secretary.

As his first official duty, Mr. Mitchell hosted the Annual Open Meeting of the Tyler Board of Directors. "I am pleased to be working with such a good board and look forward to implementing some of the recommendations outlined in the Strategic Plan we adopted in 2004," he said.

SCHEDULE FOR CPR CLASSES

February 22, March 14, April 7 and May 12. Times vary; please call Gayle, ext 281 to schedule.

MISSING:

Reward. Have you seen one of these?

PATIENT SAFETY VIDEO

(video with white paper wrapped around it, complete with rubber band)

HAND HYGIENE VIDEO

(possibly in a white or black notebook, complete with quiz) There are two of these out; the reward is for the copy only... not for the original. Both are scarce and in high demand. If you have seen either of these, please notify the Education Department Ext 281. REWARD FOR RETURN ONLY.

REMINDER FOR ALL STAFF:

Education requirements for 2004 should be complete. If you are in need of a video or self-learning packet, please call ext 281 to reserve.

A wave of generosity from Tyler

The Tyler family came together on January 21 to have fun and raise \$960 for victims of the December Tsunami.



L-R: Teena Thatcher, LPN; Kathy Savo, RN; Peggy Hill, LPN; Donna Guman, RN; Trish McKinney, RN; Cindy Eyet-Deleo, MSW; Betty Urpack, RN; Dianne Lewis, unit secretary were among the 150 Tyler employees who participated in the Tsunami Denim Day. The event raised \$960.

For a donation of \$5, contributors received a gold sticker depicting the Asian coastline, and the privilege of wearing denim for a day.

"We are blessed with the most generous staff I know," commented William Milligan, Jr., Tyler president and CEO. "When there is a tragedy or a need within the hospital family,

our people always respond, so I'm not surprised that more than 150 of our folks participated," he said.

Even maintenance employees, who are allowed to wear jeans to work donated. And clinical departments, who never get to wear denim, participated.

A few people gave more than \$5, and one wrote a check for \$100. "Every dollar is appreciated and the money was sent to the Red Cross Tsunami Fund," said Gladys Bernet, who coordinated the project with Maria Thorne.

Signs explaining the event were posted around the hospital for visitors and patients.

Thank you to everyone who helped make this event such a success!

Time to think Junior Volunteer Program

Applications will be available for the Junior Volunteer Summer Program on March 1. Applications may be picked up from the Volunteer Office or the student's high school guidance offices. The program is open to all students in the surrounding school districts. In the past, we have had students from Tunkhannock, Lackawanna Trail, Elk Lake and Wyalusing districts.

Applicants should be at least 14 years old and completed grade eight. Junior volunteers are asked to commit to at least 20 hours of service over the course of the summer, usually by scheduling one or two shifts per week.

Primarily Juniors are assigned to the nursing floor to help with meals and basic patient care, such as filling water pitchers and preparing rooms for incoming patients. They sometimes sit with elderly and pediatric patients for companionship in the absence of family. Juniors also work in HIM and Maintenance.

Most often Juniors expect to do more than they are allowed to do and welcome more challenging tasks. If you feel your department could use a Junior Volunteer, let me know. I'd love to see the kids get more involved in all aspects of the operation of the hospital. Give me a detailed list of things you would like them to do, and I will develop a position description (aka job description), that will benefit both the department and the volunteer. Please note that there are things that teens are, legally, not allowed to do.



Roxanne Smith of Tunkhannock works on the rower as part of her maintenance

(Spotlight cont'd from page 3)

There are three phases of cardiac rehabilitation:

Phase I, Inpatient Rehabilitation, is not performed at Tyler; Phase II, or Monitored Rehab, is outpatient rehabilitation and is governed by insurance as far as eligibility, payment, and length of the program. Phase III, or Maintenance Program, is a self-pay phase for patients who have already gone through Phase II and choose to do supervised exercises in a cardiac rehab setting. Tyler sees both monitored (Phase II) and maintenance (Phase III) patients.

Cardiac rehab has been a great catalyst for the Tyler community. The majority, if not all patients, have a positive experience with their rehabilitation. Being here on a frequent basis allows patients to see what other services are offered at Tyler. This heightens their experience, makes them want to come here for other needed procedures, and gives them a positive outlook on Tyler as a whole. Patients carry those good feelings back to the community. Positive word of mouth from a satisfied patient is the best publicity Tyler can get.

Meet the Cardiac Rehabilitation Department Staff

Started in February 1997

1610 visits year

45 – 50 new patients year

12 – 18 Phase II patients per day

10 – 20 Phase III patients per day

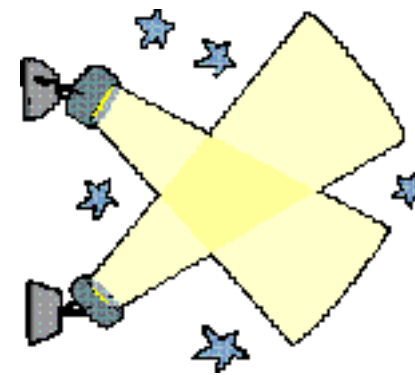
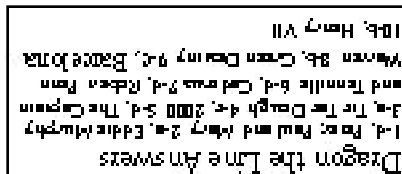
Staff: Joyce Enders, RN, cardiac rehab manager
Rachel Noone, RN;
June Kukuchka, RN, per diem, relief;
Trase Kovach, RN – relief.

Always staffed with two RNs per day; one RN per every five patients. All have ACLS certification.

Hours of Operation:
MWF 7 AM – 3:30 PM

DRAGON THE LINE

1. What group had a top ten hit in 1963 with the folk song Puff (The Magic Dragon)? a-The Lovin Spoonful, b-The Mamas and the Papas, c-The Serendipity Singers, d-Peter, Paul and Mary
2. What comic actor provided the voice of Mushu, the tiny red dragon in the Disney movie Mulan? a-Eddie Murphy, b-Marty Allen, c-Jerry Seinfeld, d-Norm McDonald
3. During the bonus game of what TV game show was the player's objective to avoid finding the dragon? a-Tic Tac Dough, b-The Joker's Wild, c-The Match Game, d-Split Second
4. According to the Chinese calendar, when was the last year of the Dragon? a-1998, b-1999, c-2000, d-2001
5. Daryl Dragon is the real name of the keyboard player in what musical group? a-The Ramones, b-Clannad, c-KISS, d-The Captain and Tennille
6. In Greek mythology, who created an army of fierce men by sowing the ground with a dragon's teeth? a-Ajax, b-Harmonia, c-Leucothea, d-Cadmus
7. What Pulitzer Prize-winning poet was the author of Brother to Dragons: A Tale in Verse and Voices? a-W.H. Auden, b-Franz Wright, c-Carl Sandburg, d-Robert Penn Warren
8. What was the name of the 400-year-old magic sword wielded by Chow Yun-Fat in Crouching Tiger, Hidden Dragon? a-Yellow Zonker, b-Green Destiny, c-Blue Water, d-Black Dragon
9. The 1997 NFL Europe champions were the Dragons from what city? a-London, b-Frankfurt, c-Barcelona, d-Amsterdam
10. Wales' flag features a red dragon against a background of green and white, all symbols taken from what British monarch who established the Tudor dynasty? a-Harold II, b-Henry VII, c-Henry VIII, d-Edward VIII



This month's Department Spotlight shines on Tyler's Cardiac Rehabilitation (Rehab) Department.

"It works! Not just physically, but psychologically too. You don't feel sorry for yourself because you see other people worse than you. When you see others having a difficult time you help them and encourage them. It provides a great support system. We had a ball!" These are the feelings expressed by Fred Myers of Lake Winola, a former cardiac rehab patient at Tyler.

The fear that develops after experiencing any type of cardiac problem is enormous. Cardiac rehabilitation provides a monitored, supervised environment that helps patients feel more secure with increasing their activity.

Rachel Noone, RN explained that seeing patient improvement is so exciting. "Seeing people go from being scared and not wanting to be here, to actually enjoying themselves is a great feeling," she said.

Cardiac Rehab Manager Joyce Enders, RN, explained that the relationships formed with patients are remarkable. In fact, Joyce is still in contact with the very first patient who walked through the door eight years ago.

The joys of working in cardiac rehab primarily revolve around interaction with the people. "The people are a delight to work with. We not only get

CARDIAC REHABILITATION

to know them on a professional basis, but also on a personal level," Joyce commented. "It's fun," she added.

The primary goal of cardiac rehabilitation is to provide patients with an opportunity to change their lifestyle while also helping them understand how easy it would be to fall back into their old lifestyle. It improves their self-image, sense of well-being, and sense of security. Going through the program helps improve heart rate both at rest and during exercise, increases heart muscle contraction, improves blood pressure, improves cholesterol and triglyceride levels, and improves respiratory status.

Space and time constraints provide challenges for the department.

With only being able to operate three days a week, squeezing everybody in can be quite difficult. One-on-one education, a huge part of the rehabilitation process, is provided individually rather than through group classes, which Joyce would prefer.

Cardiac rehab's biggest need is more space and more time. "We would love to be open to patients' families, as well as to Tyler staff," Joyce explained. She also noted she would like to provide a better maintenance program. "We are missing a large group of peo-



Louis Kublis of Factoryville, father of Maria Thorne, director of volunteers, uses the recumbent bike, while Rachel Noone, RN assists.

ple that are only able to come in during the evenings," she said.

By definition, a cardiac event is a heart attack, bypass surgery, or stable angina (chest pain or discomfort that occurs when the heart muscle doesn't get enough blood). To be eligible for cardiac rehab, the cardiac event must be documented as to having occurred within the last year, and a physician must prescribe cardiac rehabilitation as a course for patient improvement. Insurance usually pays for 12 weeks, or 36 sessions.

(Rehab, cont'd on page 6)

Nurses' Notes

Denise Gieski
Director of Nursing

Best Wishes for a healthy, happy New Year!

Nurse Education Days

In December we held two Nurse Education Days – December 6th and December 13th. I have reviewed all the evaluations, and would like to thank you for your input. We will definitely plan to hold three days next year, to better accommodate you.

Anyone who did not attend an education day must watch the video, which is available in the Education Department. Make sure that you also get an orange folder, available from the Nursing Supervisor, which contains the information to go along with the video, including competencies. There seemed to be a great deal of discussion regarding the new Code Sheet. We are currently working on making several changes, based on your suggestions. We hope to have it ready to go sometime this month. We also showed you the new BD Eclipse safety needles that we will begin stocking 1/3/05. Since BD does not make an Eclipse insulin needle, we will be using the SafetyGlide insulin needle and syringe. If you were not at an education day, and have not yet watched the video, please talk to your Nurse Manager, so that you are familiar with these products. The new safety needles are not made in all of the same sizes as the needles that we currently use. We will stock the sizes that are available (of the sizes that we currently use). Again, check with your Nurse Manager if you have any questions.

Please be sure that all of your competency information is placed in your education folder, so that you get credit for all your hard work.

Frigid (cont'd from cover)

According to Mary Mock, KK, and Maria Thorne, volunteer director, some volunteer efforts really stand out. Bev Marlatt, Mary Ruth Layaou, (a new volunteer), Paul Gravell and Pat Richardson have shown up when no volunteers were expected. Mary explained that she and Carol Jonas keep the KK open from 6 AM to 1 PM when volunteers are unavailable, so that during January, the KK only had to close at 1 PM twice, but didn't open at all the weekend of January 23 and 24 because of a storm.

For Home Health, the weather is a very big deal, according to Bob Cooney, director. "Many of our patients live in remote areas where the roads don't get plowed," he said. "We had to cancel quite a few visits in January, but the nurses speak to patients on the phone and we reschedule, or make emergency referrals when needed," he explained.

According to Bob, the safety of the nurses is always on his mind. "Last year one of our people had an accident, and this year, we've had some falls, so we have to be very careful," he said.

The good news about all this cold weather, according to Edward Zurad, MD, is that he is seeing almost no cases of the flu. "I think it's because patients are stuck at home and not socializing, so they're not as exposed," he said. He is seeing more children with broken bones and older patients with fractured hips and arms, however.

In the Emergency Department things are about what you might expect in the middle of winter. "Summer is our busy time," said Carol Berry, RN, manager. "We are seeing an increase in sledding accidents; but we have no staffing issues. Everyone gets in," she noted.

In Short Stay, the patients all make it in too, reported Jane Murphy, RN. "When patients are scheduled for surgery, they find a way to get here," Jane remarked. "And our nurses stay over or come in early," she said.

The department that really carries the brunt of the weather is Maintenance. Ron Coolbaugh, plant manager, praised his employees for their flexibility. Ron explained that to minimize overtime, schedules are sometimes rearranged to fit the need. "These changes disrupt their lives, but they are all real good about pitching in and coming in when needed," Ron said. "I want to thank my staff and I also appreciate other departments understanding if we can't immediately get to their requests," he said.

Darlen Drake also praised her staff for making it in. "We didn't have one call-off for weather," she said.

FEBRUARY 4, 2005 NATIONAL WEAR RED DAY

**This is a day when
Americans nation-
wide will wear red
to show support for
women's heart
disease awareness.**

**Heart disease is the
number one killer
of women. Wear red
to show you care.**

The following were honored through the *Caught in the Act* program for December:

Annette Kennedy
Charlotte Gaus
Jan Holbrook
Vicki Parsons
Peggy Gowin
Carol Rosenbaum
Megan Phillips
Kevin Robinson
Barbara Santamour
Kathy Wood
Peggy Hill
Danielle Heid
David Wells
Patty Race
Linda Ferguson
Emily Geras
Gerri Zionkowski
Jen Very
Helene Entenmenn
Trish McKinny (winner of \$25 gift certificate)

The following were honored through the *Caught in the Act* program for January:

Marion Naylor
Bev Marlatt
Paula Moeller
John Kelly
ED Staff
June Kukuchka
Pam Wickizer
Julie McGuygan
Mary Ruth Layaou
Yvonne Lord
Paul Gravell
Donna Donnelly
Dan Potts
Pat Richards
Kim Byrnes
Wendy Fetterman
Ed McGovern
Beth Hallock
Larry Lechleitner
Frank Doyle
Robin Pascoe
Kay Wilson
Nina Renzi

A very sweet reward



Sherry J. Sprague, manager, nutrition and food service isn't here to read this article because Sherry is in Hawaii. That's right, Hawaii. While the rest of us are

shivering here in sub-zero temperatures, Sherry is basking on sunny beaches and drinking...whatever it is people drink in Hawaii.

This fabulous three-week trip is a gift from Sherry's husband, Ted for Sherry earning an associate degree from Penn State University.

In addition, Sherry took and passed the certification test in November allowing her to use the letters: DTR

after her name. DTR signifies Diet Technician Registered.

Sherry's road to a degree began 15 years ago with the Weekender Program at Keystone College. After a year at Keystone, Sherry transferred to Penn State University's Satellite Program. For the next 14 years, she took classes on-line and through correspondence.

Sherry came to Tyler 26 years ago as a cook and diet aide. Along the way, she became manager of the department and raised three children. Sherry also has four grandchildren.

Congratulations Sherry! You offer a lesson to each of us in perseverance. Enjoy your moment in the sun; you deserve it.

Valentine's Day, not just for lovers.

What once was a holiday reserved for romantic love has exploded into one that's also about plain old love, or about "like," or "appreciation."

People are buying cards and gifts for just about anyone this Valentine's Day, from dogs to pals to co-workers and grandparents. And it's not just the little stuff. For one or a multitude of valentines, a National Retail Federation survey shows that consumers plan to spend more than \$99 for Valentine gifts.

They say that about 61 percent of gifts are for partners, spouses, and lovers; 19 percent for family members; 7.5 percent for friends, 4.8 percent for classmates and teachers, 3.6 percent for co-workers. We don't know who got the remaining 3.6 percent of gifts, but it probably includes their pets. Whoever does the buying will probably do it at

the last minute.

A beloved pooch gives its owner an excuse to buy something special. One bakery offers heart-shaped peanut butter biscuits personalized with the doggie's name. Gift bags stuffed with biscuits, toys, and a Valentine's Day bandanna are popular.

Florists say there has been a big upswing in valentine flowers for aunts. For grandmas in nursing homes there are flowers too. The number one gift is a greeting card, but at gift shops they say three in four buyers add a gift. Chocolates, it seems, are still reserved for sweethearts. Doggies and aunts probably won't get any.



After 40 years in nursing, 36 spent at Tyler,

Kay Williams Wilson, UR is retiring.

On behalf of all of us who know and love you, Kay, we wish you health and happiness...and your own flowers, in the years ahead.

